

Department Curriculum Map



Department	Physical Education
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Skills required:
 AO1 - Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport
 AO2 - Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport
 AO3 - Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport
 AO4 - Demonstrate and apply relevant skills and techniques in physical activity and sport / Analyse and evaluate performance

Year	AUT1	AUT2	SPR1	SPR2	SUM1 +1 week	SUM2	Secured	
11 GCSE Skills Covered	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill		Students can recall and communicate knowledge and understanding of factors that affect performance in physical activity. They can explain effects of physical on the body and mind. They are able to plan and execute exercise safely. They can demonstrate the ability to select and apply skills, tactics and techniques
Theme/ Focus/ Content	A01 – A healthy, active lifestyle and your cardiovascular system. A healthy, active lifestyle and your respiratory system. A02 – Officiating in badminton.	A01 – A healthy, active lifestyle and your muscular system. - A healthy, active lifestyle and your skeletal system. A02 – Officiating in table tennis	A01 - Revision A02 – Basketball A03 – Preparation for AoP exam	A01 - Revision A02 - Practical exam preparation for the four sports being examined. A03 – Preparation for AoP exam	A01 - Revision			

							effectively. They can comment on their own and others work identifying areas for improvement and can plan strategies to facilitate improvement.
Assessment	End of unit test using past exam questions. Practical officiating.	End of unit test using past exam questions. Practical officiating.	End of unit test using past exam questions. Practical basketball.	Practical exam	Final exam		
10 GCSE	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	A01 – Demonstrate knowledge A02 – Apply knowledge A03 – Analyse knowledge A04 – Demonstrate an apply relevant skill	Describe and explain the key concepts with regards to exercise and physical activity. Select and apply the appropriate skills,
Theme/ Focus/ Content	A01 - Healthy lifestyle and how they can benefit you. - Influences on your healthy lifestyle. A02 - Netball	A01 - Exercise and fitness as part of your healthy lifestyle. A02 – Trampolining,	A01 – Physical activity as part of your healthy, active lifestyle. A02 - Basketball	A01 – Physical activity as part of your healthy, active lifestyle. A02 - Volleyball	A01 – Your personal health and well-being. A02 - Athletics	A01 – Physical activity and your healthy mind and body. A02 – Practical exam	techniques and tactics in a range of sports. Plan and carry out exercise safely. Observe and make judgements about theirs and others performances.
Assessment	End of unit test using past exam questions.	End of unit test using past exam questions. Football/Netball	End of unit test using past exam questions. Basketball/	End of unit test using past exam questions. Basketball	End of unit test using past exam questions. Athletics	End of unit test using past exam questions. PEP	

	Practical multi-sport baseline.		Trampolining				
11 core							
Skills covered	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	
Theme/ Focus/ Content							
MAi	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Table tennis <ul style="list-style-type: none"> - Grip - Movement around the table - Serve - Push - Topspin - Loop - Game play 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Athletics 100m 200m 800m 1500m Relay Shot putt Discus Javelin Long jump High jump	Rounders Cricket Softball Badminton Table tennis Throwing Catching Batting Bowling Shot selection	
RBr	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 		Game play Officiating	
AGi	Basketball	Handball	Fitness	Netball			

	<ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Reboundin g - Game play - Officiating 	<ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	<ul style="list-style-type: none"> - Training methods - Fartlek - Circuit - Continuous - Interval - Plyometric - Cross 	<ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 			
RBr	<p>Football</p> <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	<p>Rugby</p> <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	<p>Handball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	<p>Fitness</p> <ul style="list-style-type: none"> - Training methods - Fartlek - Circuit - Continuous - Interval - Plyometric - Cross 			
GDs	<p>Netball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	<p>Handball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	<p>Fitness</p> <ul style="list-style-type: none"> - Training methods - Fartlek - Circuit - Continuous - Interval - Plyometric - Cross 	<p>Table tennis</p> <ul style="list-style-type: none"> - Grip - Movement around the table - Serve - Push - Topspin - Loop - Game play 			
KHs	<p>Rugby</p>	<p>Football</p> <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	<p>Basketball</p> <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	<p>Handball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 			
Assessment	GCSE style practical assessment isolated skills, conditioned	GCSE style practical assessment isolated skills, conditioned	GCSE style practical assessment isolated skills, conditioned drills	GCSE style practical assessment isolated skills, conditioned drills	Time/distance recorded for each activity.	GCSE style practical assessment isolated skills, conditioned drills	

	drills and competitive situation.	drills and competitive situation.	and competitive situation.	and competitive situation.	Final grade based on GCSE athletics spec.	and competitive situation	
10 Core	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	
Skills covered							
Theme/ Focus/ Content							
GDs	Netball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Athletics 100m 200m 800m 1500m Relay Shot putt Discus Javelin Long jump High jump	Rounders Cricket Softball Badminton Table tennis Throwing Catching Batting Bowling Shot selection Game play Officiating	
RBr	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Fitness <ul style="list-style-type: none"> - Training methods - Fartlek - Circuit - Continuous - Interval - Plyometric - Cross 	Fitness <ul style="list-style-type: none"> - Training methods - Fartlek - Circuit - Continuous - Interval - Plyometric - Cross 			
JCn	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling 	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling 	Trampolining <ul style="list-style-type: none"> - Body landings, front drop, back drop 	Trampolining <ul style="list-style-type: none"> - Body landings, front drop, back drop 			

	<ul style="list-style-type: none"> - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	<ul style="list-style-type: none"> - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	<ul style="list-style-type: none"> - Basic jumps, tuck, pike etc - Combinations, front to back etc - Advanced skills, somersaults - Routines 	<ul style="list-style-type: none"> - Basic jumps, tuck, pike etc - Combinations, front to back etc - Advanced skills, somersaults - Routines 			
KHs	<p>Rugby</p> <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	<p>Rugby</p> <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	<p>Handball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	<p>Basketball</p> <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 			
GDs	<p>Netball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	<p>Basketball</p> <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	<p>Fitness</p> <ul style="list-style-type: none"> - Training methods - Fartlek - Circuit - Continuous - Interval - Plyometric - Cross 	<p>Table tennis</p> <ul style="list-style-type: none"> - Grip - Movement around the table - Serve - Push - Topspin - Loop - Game play 			
RBr	<p>Football</p> <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	<p>Football</p> <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	<p>Basketball</p> <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	<p>Handball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 			

Assessment	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	Time/distance recorded for each activity. Final grade based on GCSE athletics spec.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation	
9							
Skills Covered	<ul style="list-style-type: none"> - Analysing performance - Apply skills knowledge and understanding in the sport they are participating in. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing and comparing performance. - Performing at maximum levels. - Recall, select and communicate knowledge and understanding of athletics. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	Use a range of different skills in a variety of physical activities at the appropriate time. Observe performances and identify strengths and weaknesses making suggestions for improvement. Explain the reason for warming up. Plan activities. Apply rules in the capacity of an official.
Theme/ Focus/ Content							
JCn	Trampolining <ul style="list-style-type: none"> - Body landings, front drop, back drop - Basic jumps, tuck, pike etc. - Combinations, front to back etc. - Advanced 	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Athletics 100m 200m 800m 1500m Relay Shot putt Discus Javelin Long jump High jump	Rounders Cricket Softball Badminton Table tennis Throwing Catching Batting Bowling Shot selection Game play	

	skills, somersaults - Routines					Officiating	
RBr	Football - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating	Basketball - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating	Trampolining - Body landings, front drop, back drop - Basic jumps, tuck, pike etc. - Combinations, front to back etc. - Advanced skills, somersaults - Routines	Handball - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play			
JCn	Trampolining - Body landings, front drop, back drop - Basic jumps, tuck, pike etc. - Combinations, front to back etc. - Advanced skills, somersaults - Routines	Rugby - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play	Handball - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play	Basketball - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating			
RBr	Football - Passing - Receiving - Running with the ball - Shooting - Heading	Basketball - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating	Trampolining - Body landings, front drop, back drop - Basic jumps, tuck, pike etc. - Combinations, front to back	Handball - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play			

	<ul style="list-style-type: none"> - Formation - Game play - Officiating 		<ul style="list-style-type: none"> etc. - Advanced skills, somersaults - Routines 				
MAi	Netball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Table tennis <ul style="list-style-type: none"> - Grip - Movement around the table - Serve - Push - Topspin - Loop - Game play 			
RBr	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 			
Assessment	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	Time/distance recorded for each activity. Final grade based on GCSE athletics spec.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation	
8 Skills Covered	<ul style="list-style-type: none"> - Analysing performance - Apply skills knowledge and understanding in the sport they are participating in. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and 	<ul style="list-style-type: none"> - Analysing and comparing performance. - Performing at maximum levels. - Recall, select and communicate knowledge and understanding of 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and 	Select and apply a range of skills in different sports. Plan short activities. Understand the reason for warming up.

		knowledge and understanding.	understanding.	understanding.	athletics.	understanding.	Identify strengths and weaknesses in performance and give basic feedback. Describe and apply rules in a variety of different physical activities.
Theme/ Focus/ Content							
ADe	Netball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	Athletics <ul style="list-style-type: none"> 100m 200m 800m 1500m Relay Shot putt Discus Javelin Long jump High jump 	Rounders Cricket Softball Badminton Table tennis Throwing Catching Batting Bowling Shot selection	
GDs	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Netball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Gymnastics <ul style="list-style-type: none"> - Basic skills - Travel - Balances - Advanced skills - Walkovers - Backward roll into handstand - Routines 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 		Game play Officiating	
MAi	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading 	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Table tennis <ul style="list-style-type: none"> - Grip - Movement around the table - Serve - Push - Topspin 			

	<ul style="list-style-type: none"> - Formation - Game play - Officiating 	<ul style="list-style-type: none"> the ball - Scrum - Game play 		<ul style="list-style-type: none"> - Loop - Game play 			
GDs	Netball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Gymnastics <ul style="list-style-type: none"> - Basic skills - Travel - Balances - Advanced skills - Walkovers - Backward roll into handstand - Routines 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 			
MAi	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Table tennis <ul style="list-style-type: none"> - Grip - Movement around the table - Serve - Push - Topspin - Loop - Game play 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 			
AGi	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Netball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 			
Assessment	GCSE style practical assessment isolated skills, conditioned drills and competitive	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	Time/distance recorded for each activity. Final grade based on GCSE athletics spec.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation	

	situation.						
7							
Skills Covered	<ul style="list-style-type: none"> - Analysing performance - Apply skills knowledge and understanding in the sport they are participating in. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<ul style="list-style-type: none"> - Analysing and comparing performance. - Performing at maximum levels. - Recall, select and communicate knowledge and understanding of athletics. 	<ul style="list-style-type: none"> - Analysing performance - Selecting and applying skills and tactics to outwit opponents. - Recall, select and communicate knowledge and understanding. 	<p>Select and apply basic skills in a range of sports. Identify strengths and weaknesses in performance. Know basic rules and scoring systems for a variety of sports. Understand why we warm up.</p>
Theme/ Focus/ Content							
MAi	Netball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Table tennis <ul style="list-style-type: none"> - Grip - Movement around the table - Serve - Push - Topspin - Loop - Game play 	Athletics 100m 200m 800m 1500m Relay Shot putt Discus Javelin Long jump High jump	Rounders Cricket Softball Badminton Table tennis Throwing Catching Batting Bowling Shot selection	
RBr	Handball <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	Rugby <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	Football <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	Basketball <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 		Game play Officiating	
MAi	Netball <ul style="list-style-type: none"> - Passing - Footwork 	Handball <ul style="list-style-type: none"> - Passing - Footwork 	Basketball <ul style="list-style-type: none"> - Passing - Receiving 	Table tennis <ul style="list-style-type: none"> - Grip - Movement 			

	<ul style="list-style-type: none"> - Dodging - Defending - Shooting - Link play - Game play 	<ul style="list-style-type: none"> - Dodging - Defending - Shooting - Link play - Game play 	<ul style="list-style-type: none"> - Dribbling - Shooting - Rebounding - Game play - Officiating 	<ul style="list-style-type: none"> around the table - Serve - Push - Topspin - Loop - Game play 			
JCn	<p>Rugby</p> <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum - Game play 	<p>Trampolining</p> <ul style="list-style-type: none"> - Body landings, front drop, back drop - Basic jumps, tuck, pike etc. - Combinations, front to back etc. - Advanced skills, somersaults - Routines 	<p>Trampolining</p> <ul style="list-style-type: none"> - Body landings, front drop, back drop - Basic jumps, tuck, pike etc. - Combinations, front to back etc. - Advanced skills, somersaults - Routines 	<p>Handball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 			
GDs	<p>Netball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	<p>Handball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 	<p>Basketball</p> <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	<p>Gymnastics</p> <ul style="list-style-type: none"> - Basic skills - Travel - Balances - Advanced skills - Walkovers - Backward roll into handstand - Routines 			
KHs	<p>Basketball</p> <ul style="list-style-type: none"> - Passing - Receiving - Dribbling - Shooting - Rebounding - Game play - Officiating 	<p>Rugby</p> <ul style="list-style-type: none"> - Passing - Offloading - Tackling - Catching - Mauling - Line-out - Running with the ball - Scrum 	<p>Football</p> <ul style="list-style-type: none"> - Passing - Receiving - Running with the ball - Shooting - Heading - Formation - Game play - Officiating 	<p>Handball</p> <ul style="list-style-type: none"> - Passing - Footwork - Dodging - Defending - Shooting - Link play - Game play 			

		- Game play					
Assessment	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation.	Time/distance recorded for each activity. Final grade based on GCSE athletics spec.	GCSE style practical assessment isolated skills, conditioned drills and competitive situation	

Each half term students may have different teachers to ensure they are getting the highest quality teaching in that subject area.